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Tide sleep sounds focus timer relax meditate

Well-selected natural sounds are lullabies to make you sleep well. Raise the gentle wakefulness alarm to wake up with love and charm. Professional meditations synthesize with casual life. A brain massage brings you a peaceful mind. It perfectly combines Pomodoro with a natural sound. Create an immersive space for efficient production. The hustle and bustle always leave you wanting to be calm. Open the peaceful tide, embrace natural life. Poems and love are the meaning of life. Daily appointments inspire peace and quiet. From inspiration to focus on tracking how you sleep, this app is a masterpiece! - GodWriter This app has altered my destination forever. - The devil comes Helps me concentrate at any time. Free and minimalist design ads is really great. - Ayokim Honestly this is the best app I've ever tried. If I could give you a 10-start rating, I'd like to. It definitely helps you concentrate and sleep better. - Shanila Casey I am very happy to have found it. It helps me focus on reading and relaxing. - Beautifully designed Viktoria, thinking of the user. I love it through. - finding_girl Open WeChat to scan QR code Open WeChat to scan QR code Open mac app store to buy and download apps. Marea points to physical and mental attention through the integration of sleep, meditation, relaxation, and focus on an app. Inspired by travel, nature and meditation, we have been providing massive audios, including natural soundscapes and mindfulness practices. To help you relieve stress, stay focused, relax with mindfulness and sleep better at night, Marea allows you to get away from accelerated life, and enter quiet and quiet moments.#Suitable for -Anyone suffering from sleep problems.-Procrastinators who have difficulty staying focused.-Creatives who are often disturbed by a noisy environment.-Stressful people who have been in anxiety and exhaustion for #Features a long time.-Meditators who strive for peace in the body and mind. Focus Timer: Flow in high-efficiency-inspired working mode.-Immersive mode. Get rid of the digital obsession.-Customize timer. Set the timer for different scenes.2. Sleep and Nap: Sleep with the sounds of nature-Dream and Nap mode. Nap during the day, and sleep firmly at night.-Light alarm clocks. Wake up easily and naturally.-Sleep analysis. Learn all about your dream.3. Relaxing Breathing Guide: Learn to breathe calmly and in balanced breathing. Improve your mood, and relieve stress.-4-7-8 breathing. Relax your mind and body. He quickly falls asleep, #Selections 1. Sounds of nature: calm and conscious with nature-well-selected sounds of nature. Take you to various natural scenes.-Music fusion mode. Mix your favorite music with natural sounds.-Sound scenes are included but not limited to rain, ocean, thunder.2. Relaxing Meditation: Put a pause button for your brain-Combine the practice of mindfulness in daily life. Take a brain exercise anytime anywhere.-Immersive meditation space. It brings you calm and peace Content to the interface.-Basic meditation is included but not limited to breathing, Body Scan.-Unique meditation is included but not limited to Quick Sleep, Study Pressure.3. Daily Inspiring Quotes: Minimalist and quiet journeys mind and body-well selected daily appointments. Say hello to everyone who consciously lives the calendar of daily appointments. Support to check quotes and photos above.#More 1. Tidal Diary: Remember each quiet and peaceful visible moment data report. Record your beautiful moments on Tide.-Fine design shared card remembers every peaceful experience.2 Minimalist design: The search for less is the most minimalist interface that designs emotional visual effects - AWARDS - 2017 and 2016 App of the Year- App store app of the day-----*Tide has been connected to HealthKit. You can sync your data with the iPhone Health App.*Tide supports siri Shortcuts. You can start your journey by saying commands.#SUBSCRIPTION Marea offers two auto-renewal subscription options: \$11.99 per month \$59.99 per yearThese prices are for U.S. customers. Prices in other countries may vary and actual charges may be converted to your local currency depending on the country of residence. Subscription Terms:-Your iTunes account will be charged once you confirm the subscription-The subscription will automatically renew unless it is turned off at least 24 hours before the end of the period-Your account will be charged within 24 hours prior to the end of the period-You can manage auto-renewal in your iTunes account settings.-The unused portion of the free trial will be lost after purchase. Related Terms- Terms of Service: Privacy Policy: ◆◆-----Your voices have always been improving us. We look forward to your suggestions. Comments: talk@moreless.ioDude us: hr@moreless.ioFind usFacebook: @tideappTwitter: @tidefullnstagram: @tide_app December 8, 2020 Version 3.6.2 - New sound scenes available:Ping-pong, Night Wind, First Snow, Float- New Meditation Practices: Express Needs, Molestia, Spring, Effective Communication, Loving Communication I love this app and have had no problems with it. I love everything about it and if you're reading this wondering if you should get the app... WHAT ARE YOU WAITING FOR! This app is amazing that it has helped me a lot. I've really gotten to know each other and I'm really enjoying this app. I love that you can set reminders and I also love the appointments you have every time you open the app. Yes, there are things you have to pay for, but they give you a wide selection so you don't have to buy anything if you don't want to. That might be the only downside, but it's only .99 cents so it's not much and there's still a lot more to choose from. I could go on and on about how much I love this app, but you would be reading for days I really think you should get this app! I also hope you enjoy this app as much as I do and you can share it with your friends. The tide is unique the king of them all. A truly incomparable experience when it comes to relaxing, meditating, dreaming the day and much more! The versatility of the utilities and the wide range of sounds available makes this a packaged application. A solid app for those who don't intend to pay for professional versions, but the options are always there for those who want to update and access additional content. Either way, Tide doesn't force users when it comes to making additional payments, which makes the whole experience really fascinating (unlike other commercial meditation apps) – common and primary features are available for free! The user interface of the application is developed very well by its developers, and navigating through the app is as smooth as it gets. Special thanks to the development and marketing team. A brilliant app! Honestly speaking, I didn't understand minimalism until after using this app. At first, I thought it was actually too simple, but after using it a couple of times, I took care of things and came to appreciate the minimalist design. It has been one of the most useful apps I have found and use it every day! UPDATE: I have a couple of minor issues with the latest update for a few reasons: First of all, the sounds of nature are not continuous loop at all; you can hear when you stop if you are doing a long focus session. Secondly, I like that the original sound app slowly fades towards the end of a session, while the new one just cuts it abruptly. I guess these aren't the biggest things you're worried about, but they go along with the overall satisfaction of the app, at least for me. The developer, Moreless, Inc., has not provided details about its privacy practices and data handling to Apple. For more information, see the developer's privacy policy. The developer will need to provide privacy details when submitting their next app update. Privacy policy supporting apps from the developer website More and more people are trying to meditate daily, but not everyone knows how to do it and others need some kind of incentive. This is where an app like Tide comes into play, helping people reach a state of meditation quickly. The tide is ideal for users who want to be more focused, who need to reduce their stress levels, or who simply need to sleep better. It comes with nature sounds, fusion music, and other sounds that can help you get a good night's sleep. A sleep and nap mode is available, along with an alarm clock function and a Alarm clock. For more information on downloading Tide - Sleep Sounds, Focus Timer, Meditate Relaxing to your phone, check out our guide: how to install APK files. Follow Pomodoro Technique for MeditationDirecting Guided Tide for Better Sleep Tide - Sleep Sounds, Focus Timer, Relax Meditate Versions APK (33):Marea - Sleep Sounds, Focus Timer, Meditate Relaxing 3.8.0 2020-12-10Tide - Sleep Sounds, Focus Timer, Meditate Relaxing 3.7.0 2020-11-17Tide - Sleep Sounds, Focus Timer, Relaxing Meditation 3.6.3 2020-10-20Tide Sleep - Sleep - Sleep Focus Timer, Relax Meditate 3.6.2 2020-10-14Tide - Sleep Sounds, Focus Timer, Relax Meditate 3.6.1 2020-09-02+ 28 more available versions

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